



RESOURCE GUIDE

garysrideiowa.org

Welcome,

This guide has been prepared by Gary's Ride to help patients and caregivers locate resources that may be helpful during the brain cancer journey. We've organized the guide by topic and all options are listed in alphabetical order. You are not alone in this journey and there are many wonderful options for help...we hope you find this useful. If you would like to [download](#) the document, [hover](#) [near the bottom of any page and click the downward arrow](#).

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LOCAL HEALTH CARE FOR BRAIN CANCER

All of the providers have patient navigators, who provide guidance along the brain cancer journey

MercyOne Cancer Care

Umbrella of care rather than a single clinic

Multiple locations

(515) 643-8206

<https://www.mercyone.org/desmoines/find-a-service-or-specialty/cancer-care/>

MercyOne Richard Deming Cancer Center

411 Laurel Street, Suite 3300

Des Moines, Iowa 50314

(515) 643-8206

(515) 358-6615 > **CLINICAL TRIALS** (ask for clinical trial nurse)

Michelle Parmalee - B.S.N., R.N., O.N.N., Brain Cancer Nurse Navigator

<https://www.mercyone.org/desmoines/location/mercyone-richard-deming-cancer-center>

Mission Cancer + Blood

Multiple locations within 100 miles of Des Moines

Collaboration with other local providers

See website for location specific information

<https://www.missioncancer.com>

Unity Point John Stoddard Cancer Center

1221 Pleasant Street

Des Moines, IA 50309

(515) 241-4141

<https://www.unitypoint.org/locations/unitypoint-health---john-stoddard-cancer-center>

SUPPORT GROUP (Iowa Neuro Survivor + Family Support Group)

On With Life

3rd Monday of the month 5:00-7:00pm

Join in person or via Zoom link: <https://us06web.zoom.us/j/81749062007>

715 SW Ankeny Road, Ankeny, IA 50023

(515) 289-9696 > Darcey Cortum (darcy.cortum@onwithlife.org) / Michelle Flora

(michelle.flora@onwithlife.org)



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<http://www.onwithlife.org>

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LOCAL IN-HOME HEALTH CARE

Every Step Care & Support Services

Serving many locations in Iowa including greater Des Moines

Visit the website or call to get started

(515) 558-9946 for care intake

<https://www.everystep.org/find-care>

Home Care Assistance Des Moines

3706 Ingersoll Avenue, Suite 2

Des Moines, IA 50312

(515) 890-5579

<https://www.homecareassistancedesmoines.com>

Home Instead

Various locations

(888) 340-7194 > national or (515) 221-0866 > greater Des Moines

<https://www.homeinstead.com>

MercyOne Home Care

500 SW 7th Street, Suite 104

Des Moines, IA 50309

(515) 643-8383

<https://www.mercyone.org/desmoines/find-a-service-or-specialty/home-health-care>

Unity Point at Home

11333 Aurora Avenue

Urbandale, IA 50322

(515) 557-3100

<https://www.unitypoint.org/locations/unitypoint-at-home---des-moines>



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LOCAL HOSPICE CARE & GRIEF COUNSELING

**Providers offering grief counseling in addition to hospice care*

Caregiver Connection

Kathy Koenig, MS, MCC

(515) 577-6314

kathy@caregiverconnection.net

<https://www.kathykoenig.com>

*Every Step Care & Support Services

Serving many locations in Iowa including greater Des Moines

(515) 558-9946 for care intake

<https://www.everystep.org/services/hospice>

Home Care Assistance Des Moines

3706 Ingersoll Avenue, Suite 2

Des Moines, IA 50312

(515) 890-5579

<https://www.homecareassistancedesmoines.com/home-hospice-support/>

Home Instead

Various locations

(888) 340-7194 national or (515) 221-0866 greater Des Moines

<https://www.homeinstead.com>

*MercyOne Hospice Care Des Moines

500 SW 7th Street, Suite 104

Des Moines, IA 50309

(515) 643-8300

<https://www.mercyone.org/desmoines/find-a-service-or-specialty/hospice-care>

*MercyOne Hospice Care Johnston

5820 Winwood Drive

Johnston, Iowa 50131

(515) 643-6150

<https://www.mercyone.org/desmoines/find-a-service-or-specialty/hospice-care>



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***Unity Point Hospice Care**

11333 Aurora Avenue

Urbandale, IA 50322

(515) 557-3100

<https://www.unitypoint.org/find-a-service/hospice-care>

***Unity Point Hospice Care Taylor House**

3401 E Douglas Ave

Des Moines, IA 50317

(515) 557-3111

<https://www.unitypoint.org/locations/unitypoint-hospice---taylor-house>

FINANCIAL AID | INSURANCE | ESTATE PLANNING

Abendroth, Russell, Barnett Law Firm

Estate Planning

2560 73rd Street

Des Moines, IA 50322

(515) 278-0623

<https://www.abendrothandrussell.com>

MercyOne Find Help

Online community service directory

Search for help by zipcode / use keyword 'money' if seeking financial aid

<https://mercyone.findhelp.com>

Social Security Disability Benefits

There are a few different benefit options available to those who qualify

Call or visit one of the websites below

1-800-772-1213 National

<https://www.ssa.gov/benefits/disability/> > National

<https://disabilitybenefits.iowa.gov/for-professionals/social-security-field-offices> > Des Moines



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DURABLE MEDICAL EQUIPMENT

101 Mobility of Des Moines

4450 NW Urbandale Dr, Urbandale, IA 50322

(515) 293-5726

<https://www.101mobility.com/iowa/>

Care Iowa

Extensive list of durable medical equipment providers

https://www.careiowa.org/list08_iowa_home_medical_equipment.htm

Easter Seals Iowa

401 N.E. 66th Ave

Des Moines, IA 50313

(515) 309-2395

<https://www.easterseals.com/ia/our-programs/assistive-technology-center/equipment-loan.html>

MercyOne Home Medical Equipment

Multiple locations > Des Moines location info below

601 Southwest 9th Street, Suite H

Des Moines, Iowa 50319

(515) 282-6902

<https://www.mercyone.org/desmoines/location/mercyone-des-moines-home-medical-equipment>

Unity Point Home Medical Equipment

Multiple locations > Des Moines location info below

11333 Aurora Ave

Des Moines, IA 50322

(515) 557-3100

<https://www.unitypoint.org/find-a-service/home-care/home-medical-equipment>

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MEAL SERVICES

Dinner Dispatch

Delivery - visit the website to order meals

<https://dinner-dispatch.com>

Lasagna Love

Delivery - visit the website to order meals

<https://lasagnalove.org/request/>

Meals on Wheels Des Moines (by WesleyLife)

Delivery – call or visit the website to order meals

4450 NW Urbandale Dr, Urbandale, IA 50322

(515) 298-5773

<https://tinyurl.com/wesleylifemeals>

Meal Train

Organize local meal prep & delivery for those in need

<https://tinyurl.com/mealtraindelivery>

Moms Meals

Delivery – call or visit the website to order meals

Focus – senior citizens who meet eligibility criteria

(800) 960-4594

<https://tinyurl.com/momsmealsdelivery>

Precision by Nutrition

Delivery or Pick-Up – call or visit the website to order meals

1139 24th St, Des Moines, IA 50311

(641) 891-4443

<https://www.precisionbynutrition.com>



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GROCERY+ PICK-UP & DELIVERY SERVICES

All deliver groceries and some deliver from other retail stores. Shop via website or mobile app.

Door Dash

Delivery from grocery and other stores + restaurants

Visit the website or mobile app to place an order

<https://tinyurl.com/doordashgrocerydelivery>

Hy-Vee Aisles Online

Hy-Vee grocery delivery or pick-up

Visit the website or mobile app to place an order

Other providers can deliver from Hy-Vee as well

<https://www.hy-vee.com/aisles-online>

Instacart

Delivery from grocery and other stores

Visit the website or mobile app to place an order

<https://tinyurl.com/instacartgdelivery>

Shipt

Delivery from grocery and other stores

Visit the website or mobile app to place an order

<https://www.shipt.com>

Walmart

Walmart grocery delivery or pick-up

Visit the website or mobile app to place an order

https://www.walmart.com/cp/food/976759?povid=GlobalNav_rWeb_Grocery_Grocery_ShopAll

Whole Foods Market

Whole Foods Market grocery delivery or pick-up with discount for amazon prime members

Visit the amazon or Whole Foods Market websites or mobile apps to place an order

<https://tinyurl.com/amazonwfoods> > amazon

<https://www.wholefoodsmarket.com/grocery-delivery-and-pickup> > Whole Foods Market

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RESEARCH STUDIES

Iowa Oncology Research Association (IORA)

Non-profit organization offering central Iowans the opportunity to participate in over 100 national and international research studies. Sponsored by the national cancer institute, these studies cover all areas of cancer treatment and prevention. Research involving chemotherapy, radiation therapy, cancer surgery and immunotherapy is available. For more information, please use the contact below.

Jordan Vogelsberg, Co-Administrator (IWORC-NCORP)

1221 Pleasant St., Des Moines, IA 50309

(515) 241-3305

<https://www.iora.org>